

SUBMISSION GUIDELINES

We welcome all writers, photographers, and poets to submit their work but especially encourage submissions from people living with dementia and/or are otherwise non-neurotypical. Submitting your work does not guarantee publication.

If your work is selected you will receive 4 (four) issues of the magazine. At this time we do not offer monetary compensation.

Please become familiar with us by [reading this free online copy](#) or requesting a sample.

MIRADOR is designed purposefully for adults who are experiencing cognitive change while still being accessible to people of all ages.

We welcome submissions on a variety of subjects, including history, science, nature, technology, music, sports, and nostalgia. These can be works of fiction, personal essays, recipes, or poetry. Our tone is friendly, inquisitive, inclusive, and generally upbeat. We love stories about people doing the things they love and are passionate about!

Here are some considerations for selecting work.

- Each issue rallies around one or two themes. Work that can fit into that theme will have a better chance of being included. Please reach out for an upcoming list of themes.
- While Mirador is a magazine formatted for people experiencing dementia and other brain changes, we do not publish stories “about” dementia such as clinical studies, “brain health” articles, or memoir-style pieces about dementia care.
- Once accepted, content will be edited for grammar, clarity and readability. Work submitted over the word count will not be considered (see below).

- Images must be high-resolution, print ready jpg, png, or pdf files 300dpi or greater. Please remove any filters prior to submission. Submitted work cannot be returned.
- All submissions are assumed to be the work of the author or be approved for use. Stories or images that require additional copyright will not be accepted. Published work becomes the property of Mirador Publishing LLC.

Please read below to see word count requirements:

- Non-Fiction and Personal Essays: Nostalgia, History, etc.: 200-250 words.
- Postcard: 175 words or less. Postcards with at least 1-3 print ready original photos will have a better shot of making it into the magazine.
- Poetry: 75 words or less.

Any further questions? Email Nikki@MiradorMagazine.com or call 360-732-1336.

Thank You!